

Groundbreaking Antarctic Explorer Colin O'Brady to Join Seabourn Conversations Program for First Sailing of 2019-2020 Antarctica Season

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O'Brady became the first person ever to traverse Antarctica from coast to coast solo, unaided by kites or resupplies, in December

SEATTLE, January 24, 2019 – <u>Seabourn</u>, the world's finest ultra-luxury cruise line, is continuing its mission to inspire and inform guests by announcing the addition of acclaimed Antarctic explorer Colin O'Brady for its <u>Seabourn Conversations</u> program for its first Antarctic sailing of the 2019-2020 season. The sailing, a <u>21-Day Ultimate Antarctica & Patagonia</u> itinerary, departs November 28, 2019 from San Antonio (Santiago), Chile.

O'Brady, 33, made worldwide headlines on December 26, 2018 when he became the first person to cross the landmass of Antarctica solo, unaided by kites or resupplies. He accomplished the feat in 54 days, covering more than 930 miles along the way, including more than 77 miles in the final 32-hour window where he went without sleep. Throughout the nearly two-month journey, O'Brady never took a full day off.

"Colin's accomplishment is truly exceptional and will go down in history as one of the most noteworthy Polar treks in many years," said Robin West, vice president of Expedition Operations for Seabourn. "His stories and firsthand descriptions will be a remarkably colorful addition to an already exciting experience for guests who will be onboard this sailing and we are thrilled he will be joining us."

O'Brady is an American professional endurance athlete who has achieved four World Records in his career. He grew up exploring the mountains of the Pacific Northwest and cultivated a passion for adventure in the outdoors. In 2016 Colin conquered the speed records for the Explorers Grand Slam and Seven Summits, a global mountaineering challenge to climb the tallest mountain on every continent including Mt. Everest and ski to the North and South Poles. In 2018 he shattered the speed record for the 50 U.S. High Points when he summited the highest point in each of the 50 states in just 21 days.

For the full schedule of speakers participating in Seabourn Conversations for 2019, visit the Seabourn website.

As the newest overall ultra-luxury fleet in the industry, Seabourn's intimate ships offer key elements that set the line apart: spacious, thoughtfully appointed all-suite accommodations, many with verandas and all 100% ocean front; superb dining in a choice of venues including The Grill by Thomas Keller; differentiated evening experiences in partnership with Sir Tim Rice; Spa & Wellness with Dr. Andrew Weil; open bars throughout the ship; fine wines poured at any time; award-winning service, and a relaxed, sociable atmosphere that makes guests feel right at home on board. The ships travel the globe to many of the world's most desirable destinations, including marquee cities, UNESCO World Heritage Sites, and lesser-known ports and hideaways. Travelers who covet outdoor adventures will also find the Ventures by Seabourn optional for-charge expedition-style excursion program in select destinations, including Alaska, Antarctica, Europe, Australia and Southeast Asia. Guests may book these tours in advance on Seabourn's website.

About Seabourn:

Seabourn currently operates a fleet of five modern ultra-luxury ships and is a proud member of World's Leading Cruise Lines. The exclusive alliance also includes Carnival Cruise Lines, Holland America Line, Princess Cruises, Cunard Line, Costa Cruises, AIDA, P&O Cruises UK, P&O Cruises Australia and fathom. Seabourn is a brand of Carnival Corporation and plc (NYSE/LSE: CCL and NYSE: CUK). Seabourn is the official cruise partner of UNESCO World Heritage under a multi-year agreement to help promote sustainable tourism at World Heritage sites around the world.

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